



HENNA POWDER, CONES, PASTES & HOLLYWOOD INK

Please read the following instructions completely before use

Sensitivity Test: Sensitivity to this product is extremely rare. First time users should do a spot sensitivity test. For Henna Powder mix a small amount of powder into a paste with water and apply it to the inner wrist and/or near the hairline on the back of the neck. For Cones, Pastes and Hollywood Ink, no mixing is needed. After 2 hours, rinse with warm water. Wait and evaluate for sensitivity or redness after 24 hours. If sensitivity develops, do not use this product. Organic Aloe Vera gel and/or Organic Coconut Oil applied to the skin and scalp may help calm any sensitivity reactions.

Henna Powder for Tattoos

Prep:

Henna Powder	2-4 Tea Bags
Bottled or fresh lemon juice (strained)	Large plastic or glass bowl for mixing
Measuring spoon/measuring cup	Sugar or honey (optional)
Essential Oils (optional)	Large plastic bag or plastic bottle for storage
Applicator bottle or cone for applying the henna	Saran wrap
Paper towels for cleanup	

Mix: For tattoos, place entire package of henna powder in a glass or ceramic bowl. Boil 2-3 cups of water, then add 2-4 tea bags, and let steep for 30 minutes or longer. You want the darkest brew possible. Add 2-4 tablespoons of fresh lemon juice to the powder. While stirring, add the warm tea brew in a little at a time. Mix well and use enough brew so that the mixture is the same consistency as pancake batter. Add 2 teaspoons of an essential oil, and mix well. Cover with saran wrap and place the bowl onto the counter in a warm place. Let it sit for 12 hours. A brown film will appear on top of the paste as it cures. Mix the brown film into the paste, transfer to applicator bottles or cones and the paste is ready to be applied. Henna paste may be stored for up to 3 months in the fridge.

Henna Cones

Prep: Massage the cone to mix the paste. Hold the henna cone in your hand, and snip the very tip of the pointy end of the cone off with a pair of sharp scissors. Be sure not to cut the tip too large.

Hollywood Ink

Prep: Before opening the tube of Hollywood Ink you MUST gently massage the tube until contents blend together thoroughly. Attach the included white dispenser tip to the tube, cut the tip and gently squeeze the contents into your applicator bottle. Fill the bottle $\frac{3}{4}$ of the way, and do not over fill. If paste is too thick and does not easily ooze out of the bottle's metal tip, then add a few drops of rubbing alcohol and stir well with a toothpick. The paste should be the consistency of toothpaste.

Design Transfer Process

Application: Choose a design from a Henna King design book, or create your own. With your transfer pen, trace the design and cut it out from the piece of paper. Moisten slightly the area of skin where you will be applying the design. Gently but firmly, place the paper with the ink side down onto the skin, and without smearing lift the paper off the skin carefully and slowly. You should now have an outline of the design to follow with henna from powder, cones, or paste. If there are no markings visible on the skin, you need to wet the skin more and reapply the paper design.

Stencil Application Instructions

Be sure to wash the area of the skin where the stencil will be placed prior to peeling it off. Once the skin has been washed and dried, make sure the cone is prepared for use by following the above instructions. Peel the stencil off and stick it on the area you would like your design to be. Be sure to press firmly so that the stencil does not have any edges sticking up. Now, fill in the stencil with henna and don't worry about going over the inner edges of the stencil as this will ensure you have a very defined line. Once you have completely filled in the stencil, you can now let it sit to dry. Once the henna has completely dried and cracked, you can flick the paste off and peel the stencil up. Stencils can be reused by taping them down to the skin or sticking them on if the adhesive is still strong.

Tattoo Application for Cones, Hollywood Ink, and Paste from Henna Powder

Application: When tattooing, apply even pressure and draw your henna tattoo on the skin. Lay the paste on top of the skin, do not push it around with the tip of your applicator bottle or cone. It must go on thick and will look like puffy paint when first applied. The paste will expand just a little when it hits the skin. Your lines will appear larger after they sit on the skin. If the lines are too squiggly, the hole is too small. If the lines are too fat, the hole is too large. Depending on the size you desire, you may cut the tip of the cone or change the nozzle size on your application bottle. As you lay the paste on the skin, do not touch the very tip of the cone or applicator bottle onto the skin, for this will cause air bubbles and make your tattoo appear blotchy. For thin lines, move your hand quickly, and for thicker lines go slow and steady. Use the opposite hand or your pinky to steady the one you are using to apply the henna, this will help to keep your hand from shaking. Never go back and try to manipulate or move the paste while it is on the skin. If using a cone roll the top of the cone down, as you go, and secure with scotch tape or a rubber band to keep the pressure even. Once you apply the henna to the entire design area, it is time to let it dry and stain the skin.

Maintenance/Aftercare

After applying the tattoo to the skin, the paste will take approximately 1-2 hours to dry completely. For Hollywood Ink, when dry paste no longer appears puffy, pick the paste off over a trash can. To remove the dry film left on your tattoo, let running water wash over your skin (only for Hollywood Ink). For henna powder, cones, or premade pastes, once the paste is dry and cracked, you can remove it with your fingernail or a credit card. Moisturizing the design with lotion or a warming essential oil is important for creating a longer lasting tattoo stain. Avoid scrubbing the area, using harsh soaps, and using suntan lotion on your tattoo. Applying a thin coat of Vaseline over your tattoo throughout the day or during swimming and bathing will prolong the life of the tattoo.

WARNING:

THESE PRODUCTS ARE INTENDED FOR EXTERNAL USE ONLY. NOT INTENDED FOR SMALL CHILDREN, KEEP OUT OF REACH. DO NOT INJECT. AVOID CONTACT WITH EYES. IF CONTACT OCCURS, RINSE EYES WITH WATER. IF IRRITATION PERSISTS OR IF INJECTED, SEEK MEDICAL ATTENTION.